

Physical Education: Basketball

Unit	Standards	Assessments	Content	Skills
Basketball	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The game of Basketball</p> <ul style="list-style-type: none"> ● Rules ● Positions <ul style="list-style-type: none"> *Forward *Guard *Center ● Ball handling skills <ul style="list-style-type: none"> *Dribbling *Passing *Shooting ● Game strategy <ul style="list-style-type: none"> *offensive *Defensive 	<p>*Identify the positive effects of playing the game of soccer as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of soccer</p> <p>*Identify the different skills used in the game of soccer</p> <p>*Demonstrate physical skills while participating in a game like situation</p>

Physical Education: Floor Hockey

Unit	Standards	Assessments	Content	Skills
Floor Hockey	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The game of floor hockey:</p> <ul style="list-style-type: none"> ● Rules ● Positions <ul style="list-style-type: none"> *Forward *Center *Defence ● Stick skills <ul style="list-style-type: none"> *Puck handling *Passing *Shooting ● Game strategy 	<p>*Identify the positive effects of playing the game of floor hockey as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of floor hockey</p> <p>*Identify the different skills used in the game of floor hockey</p> <p>*Demonstrate physical skills while participating in a game like situation</p>

Physical Education: Football

Unit	Standards	Assessments	Content	Skills
Football	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The game of Football:</p> <ul style="list-style-type: none"> ● Rules ● Positions <ul style="list-style-type: none"> *offensive *defensive ● Throwing ● Catching ● Field positing ● Game strategy 	<p>*Identify the positive effects of playing the game of football as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of football</p> <p>*Identify the different skills used in the game of football</p> <p>*Demonstrate physical skills while participating in a game like situation</p>

Physical Education: Frisbee

Unit	Standards	Assessments	Content	Skills
Frisbee	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The games of Ultimate Frisbee and Frisbee Football</p> <ul style="list-style-type: none"> ● Rules ● Positioning ● Throwing skills <ul style="list-style-type: none"> *Forehand *Backhand ● Game strategy ● Offence ● Defence 	<p>*Identify the positive effects of playing the game of Frisbee as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of Frisbee</p> <p>*Identify the different skills used in the game of Frisbee</p> <p>*Demonstrate physical skills while participating in a game like situation</p>

Physical Education: Unit Name

Unit	Standards	Assessments	Content	Skills
Soccer	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The game of soccer:</p> <ul style="list-style-type: none"> ● Rules ● Positions ● Foot skills <ul style="list-style-type: none"> ○ Passing ○ Trapping ○ Dribbling ○ Shooting ● Game strategy 	<p>*Identify the positive effects of playing the game of soccer as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of soccer</p> <p>*Identify the different skills used in the game of soccer</p> <p>*Demonstrate physical skills while participating in a game like situation</p>

3-5 Physical Education: Volleyball

Unit	Standards	Assessments	Content	Skills
Volleyball	<p>1-PERSONAL HEALTH AND SAFETY</p> <p>2- A SAFE AND HEALTHY ENVIRONMENT</p> <p>3- RESOURCE MANAGEMENT</p>	<p>OBSERVATIONAL</p> <p>*Prepared for class</p> <p>*perform the selected skill in a game like situation</p> <p>*Fully participate in all activities with no prompting to stay on task and stay motivated</p> <p>*Displays good sportsmanship, and cooperation</p> <p>* Shows clear understanding of game specific rules</p> <p>*Use of the sport specific skills and demonstrates proper application during game like situation</p>	<p>The game of volleyball:</p> <ul style="list-style-type: none"> • Rules • Positions • Rotation • Types of serves • Bump/Forearm pass • Set • Hit • Offensive strategy • Defensive strategy 	<p>*Identify the positive effects of playing the game of volleyball as it relates to fitness</p> <p>*Demonstrate and identifies the basic rules of the game of volleyball</p> <p>*Identify the different skills used in the game of volleyball</p> <p>*Demonstrate physical skills while participating in a game like situation</p>